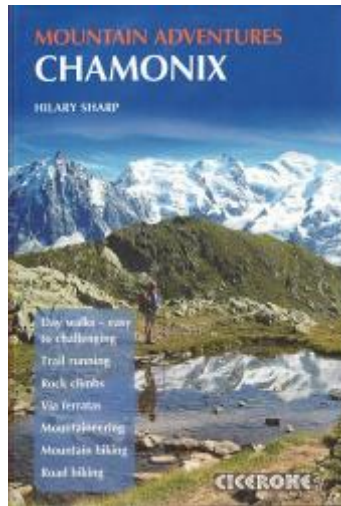


## **MOUNTAIN ADVENTURES CHAMONIX, HILARY SHARP**

The Chamonix valley in the Haute Savoie region of the French Alps is a perfect base for a whole range of alpine adventures.



**Marque :** Cicerone

**Référence :** 9781852846633

**Prix :** 25.50€

### **Descriptif :**

The Chamonix valley in the Haute Savoie region of the French Alps is a perfect base for a whole range of alpine adventures. The routes in this guide range from short walks and cycle rides for the whole family to long mountaineering routes to the highest summits, including Mont Blanc.

Activities covered in detail include walks, treks, mountaineering routes, road cycling, MTBing, rock climbing, bouldering and via ferratas, all within easy reach of Chamonix with suggestions for other outdoor options in the valley, too, from rafting to paragliding.

Whether you and your holiday companions are adrenalin junkies or Alpine ramblers, or a mixture of both, there's plenty to keep everyone happy, day after day, in this spectacular region.

-6 sections, with basic information gear, terrain, technique and access for each activity and a range of contrasting routes, illustrated with maps or topos as necessary,

-notes about activities such as rafting, canyoning, paragliding and trail running and things to do when it rains,

-clear overview maps to help you choose and plan your days

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